

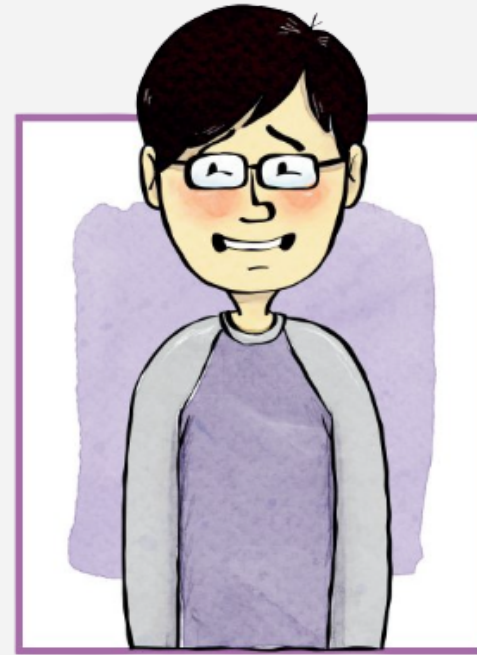
# Emotions



Left out



Annoyed



Embarrassed



Shy



Sad



Worried



Jealous



Tired



Angry



Bored



## Morning Meeting

# 1



### Greeting



#### Elbow Bump Greeting

Instead of handshakes, students bump elbows and smile as they say hello.

### Sharing



Pick 3 students to share something important happening in their lives. Practice active and empathetic listening by making positive comments or ask clarifying questions.

### Activity

"We are problem solvers who take responsibility."



Left out

This is Sara. She is new to the school and is feeling **left out**. She has tried to talk to other students, but they always forget to sit with her at lunch and do not invite her to play.

With a partner think of 2-3 things she can do to avoid feeling **left out**.

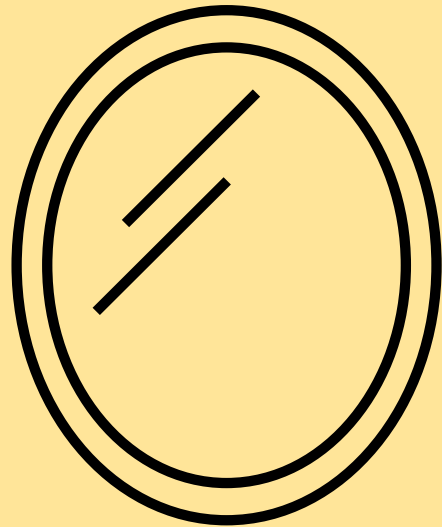


## Morning Meeting

# 2



## Greeting



### Mirror Greeting

Pair students. One student does a silly movement, and their partner copies it while greeting them.

## Sharing



Pick 3 students to share something important happening in their lives. Practice active and empathetic listening by making positive comments or ask clarifying questions.

## Activity

"We are problem solvers who take responsibility."



Annoyed

This is Maria. She let Nick borrow a pencil and some papers and he lost them. He didn't even say sorry. She is feeling very **annoyed** with Michael.

With a partner think of 2-3 things Maria can do to avoid feeling **annoyed**.