



# Los Angeles Institute For Right Brain Practices & Research



## Dean Mentoring Program

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# ABOUT DEAN MENTORING PROGRAM



The Dean Mentoring Program is a comprehensive series of trainings designed to equip school administrators with the knowledge, skills, and tools needed to navigate the complexities of today's educational landscape. Over the course of three days, participants will engage in meaningful and insightful training sessions led by experts in the field, covering a range of topics critical to effective school culture leadership.

The program will focus on providing a deep dive into key areas of school culture administration and leadership. From building cohesive administrative teams to fostering positive school culture, addressing school violence, promoting educator wellness, and implementing restorative practices, participants will gain practical insights and strategies to enhance their leadership effectiveness.

Our program is grounded in educational, psychological research, and best practices, ensuring that participants receive evidence-based training that is both relevant and impactful. By the end of the program, administrators will have the knowledge and confidence to lead their schools with vision, integrity, and effectiveness, driving positive outcomes for students, staff, and the school community as a whole.



# WHAT MAKES US DIFFERENT?

**Empower Through The Science of Restoration: Building Practical Skills for Lasting Impact.**

## Program Methodology

The Dean Mentoring Program framework ensures sustained support and growth for participants. The initial three-day, in-person training serves as the foundation, providing intensive learning and skill-building opportunities.

Participants engage in rigorous sessions covering various aspects of school leadership, building cohesion within administrative teams to addressing issues of school culture, safety, and student due process.

Following the initial trainings, the program extends its support through a series of five virtual meetings spread across the school year. These 1.5 hour virtual sessions serve as invaluable touch-points for participants, offering ongoing guidance, troubleshooting, and collaboration opportunities. Through facilitated discussions, participants can share challenges, exchange best practices, and glean insights from fellow administrators facing similar situations. The combination of in-person training and virtual follow-up sessions ensures that participants receive continuous support and reinforcement as they apply their newfound knowledge and skills in their day-to-day roles.

## Unit 1: Dean Mentoring Program & Cohesion | Building the Leader Within

This unit focuses on leadership development strategies to foster cohesion within administrative teams. Participants will explore mentorship relationships and effective leadership practices to promote a collaborative educational environment.

### Key Learning Objectives

- Understand the importance of mentorship in leadership development.
- Develop strategies to foster cohesion and collaboration within administrative teams.
- Enhance leadership skills to promote a positive and inclusive school culture.
- Apply effective communication techniques to facilitate mentorship relationships.

## Unit 2: Systems | School Culture | MTSS | PBIS

This unit delves into organizational systems and structures critical for nurturing a positive school culture. Participants will examine Multi-Tiered Systems of Support (MTSS) and Positive Behavioral Interventions and Supports (PBIS) to promote inclusivity, equity, and academic success.

### Key Learning Objectives

- Gain a comprehensive understanding of Multi-Tiered Systems of Support (MTSS) and Positive Behavioral Interventions and Supports (PBIS).
- Learn to implement systems and structures that promote equity, inclusivity, and academic success.
- Develop strategies for nurturing a positive school culture that supports the social-emotional well-being of students and staff.
- Explore methods for collecting and analyzing data to inform decision-making and improve outcomes.

### **Unit 3: School Violence | Student Safety and Law Enforcement**

Participants will learn strategies for preventing and addressing school violence, with a focus on student and faculty safety. The unit will cover effective interventions and safety protocols, including collaboration with law enforcement.

#### **Key Learning Objectives**

- Identify risk factors and warning signs of school violence.
- Implement proactive measures to prevent and mitigate incidents of school violence.
- Understand the role of law enforcement in school safety and establish effective partnerships.
- Develop crisis response protocols and procedures to ensure the safety of students and staff.

### **Unit 4: Educator Wellness | Self-Regulation for Leaders**

This unit prioritizes educator wellness, focusing on stress management techniques to prevent burnout and promote resilience. Participants will explore strategies to foster a culture of wellness within educational communities. Recognize the signs and symptoms of educator burnout and stress.

#### **Key Learning Objectives**

- Learn self-regulation techniques and strategies for managing stress and promoting well-being.
- Develop a personal wellness plan to prioritize self-care and resilience.
- Foster a culture of wellness within the school community by modeling healthy behaviors and promoting work-life balance.

## Unit 5: Nonviolent Communication | Right-Brain Communication

Participants will learn about nonviolent communication and right-brain communication modalities for conflict resolution and relationship-building. The unit will provide practical skills for effective communication and empathetic understanding.

### Key Learning Objectives

- Understand the principles of nonviolent communication and empathetic listening.
- Develop skills for effective communication and conflict resolution.
- Cultivate empathy and understanding in interpersonal interactions.
- Apply right-brain communication techniques to build positive relationships and resolve conflicts.

## Unit 6: Science of Restorative Practices | Foundation | Student Brain Development | Student Investigation process

This unit explores the neuroscience behind restorative practices and their impact on student behavior and brain development. Participants will learn how restorative approaches promote accountability, empathy, and positive outcomes.

### Key Learning Objectives

- Explore the neuroscience behind restorative practices and their impact on student behavior and brain development.
- Understand the foundational principles of restorative practices and restorative discipline.
- Learn practical strategies for implementing restorative practices in school settings.
- Foster a restorative culture that promotes accountability, empathy, and positive relationships.

## Unit 7: Student Due Process | Equity & Diversity | Student Rights | Administrators Role

Participants will examine student due process and rights within the disciplinary framework. The unit will cover the administrator's role in upholding student rights while maintaining scholastic standards.

### Key Learning Objectives

- Understand the legal framework governing student due process and disciplinary procedures.
- Learn to uphold student rights while maintaining a safe and orderly school environment.
- Develop procedures for conducting fair and impartial investigations into student misconduct.
- Understand the role of administrators in adjudicating disciplinary matters and ensuring due process rights are upheld.

### Upon Completing The Trainings

Upon completing our training program, administrators will return to their school sites armed with a robust toolkit of actionable strategies ready for immediate implementation. From cultivating cohesive teams to effectively managing school culture, our training equips administrators with the practical skills needed to tackle challenges head-on and drive tangible results. Administrators will possess the confidence and expertise to implement evidence-based practices such as restorative practices, nonviolent communication, and multi-tiered systems of support systems. By leveraging these methodologies, they will create an environment conducive to academic excellence, student social-emotional development, and student well-being.





## CONTACT US

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